



MARK A. CLYMER, MD, FACS  
CLYMER FACIAL PLASTIC SURGERY  
BRENTWOOD, TN

*"My patients have taught me to listen more than I talk. They are intelligent people who are capable, with my educating them and guiding them, to arrive at treatment options that will help them achieve their goals."*



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PLASTIC SURGEONS

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*of Distinction*

## TREATMENT FACE to FACE

Hanging prominently in Dr. Clymer's office is a copy of the Hippocratic Oath—which is the physician's guiding principle—that once belonged to his grandfather, who practiced medicine in rural Iowa. "Much of the foundation I have built my practice on are principles I learned from my grandfather," says Dr. Clymer.

Because Dr. Clymer practices exclusively in the face, head and neck region, his specialization has given him a substantial body of knowledge and extensive experience in all forms of facial surgery and rejuvenation. "My philosophy regarding patient care is simple: Treat all patients the same way I would want to be treated." When sitting down with a patient for the first time, he begins by asking patients about their expectations. "From this list of concerns it is

my job to outline the options that exist, the advantages and disadvantages of each option, and together the patient and I come to a conclusion regarding the best course of treatment." This team effort is what builds a bond of trust between Dr. Clymer and his clients.

His interest in facial plastic surgery originated during his residency at Vanderbilt University, where he assisted in complex reconstructive surgeries to restore form and function to the head and neck area after cancer surgery. "The intersection of artistic creative vision with scientific methods is the essence of facial plastic surgery," he says. The challenge of that combination led him to pursue his interest in facial plastic and reconstructive surgery

He now lectures and has published on the appropriate use of lasers in facial surgery, has authored scientific articles and gives seminars to the public on facial plastic surgery techniques, trends and results.

Dr. Clymer also believes keeping physically active is one of the most important ways to keep the body looking its best. "Our society has become rather sedentary, and spends hours in front of our computers, and only moments walking, bike riding or getting physical exercise," he cautions. When patients come to him for professional help, though, he is ready to help them achieve their goals. "I expect no less than the best result possible for each patient, and each patient expects and deserves this commitment," Dr. Clymer says. Clymer Facial Plastic Surgery, (615) 6614005, 1800 Mallory Lane, Suite A3, Brentwood, TN, 37027, [www.clymermd.com](http://www.clymermd.com).

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## **TREATMENTS AND PROCEDURES**

*Facial surgery*  
*Nose surgery*  
*Laser surgery*  
*Skin rejuvenation*  
*Injectables*

## **BOARD CERTIFICATION**

*American Board of Facial Plastic and Reconstructive Surgery*

*American Board of Otolaryngology*

*American Board of Facial Plastic and Reconstructive Surgery*

## **EDUCATION**

*Medical Degree from the University of Iowa College of Medicine*

*Internship and residency at Vanderbilt University Medical Center*

*Fellowship at the University of Rochester, Strong Memorial Hospital*

## **AFFILIATIONS**

*American Academy of Facial Plastic and Reconstructive Surgery*

*American Academy of Cosmetic Surgery*

*American Academy of Otolaryngology—Head and Neck Surgery*

## **FAVORITE PART OF THE JOB:**

"The most satisfying part of my job is seeing patients delighted that my efforts and expertise have helped them achieve their goals."

## **FAVORITE HOBBIES:**

"My hobbies are limited to spending time with my family. Waterskiing, boating and playing golf are all wonderful activities as long as I am with my family."

## **LAST BOOK YOU READ:**

"The last non-medical book I read was No Opportunity Wasted. It's authored by Phil Keoghan, the host of TV's The Amazing Race, and is about living life to its fullest."

## **BEST ADVICE YOU'VE EVER RECEIVED:**

"The secret to success is hard work."

